



Commission on Aging of Mariposa County

Post Office Box 99 / Mariposa, CA 95338

(209) 966-2000

-MINUTES-

October 27, 2021

Video Conference

Members Present: Dayna Hannagan; Brenda Forrest; Sarah Montoya;

Linda Pribyl; Don Fox; Dale Silverman

Members Absent: Sue Overstreet - Excused

Staff Present: Jason Allen; Diana Ziegenfuss; Susette Micallef; Lydia Arre;

Terri Peresan; Julianne Simms

BOS Liaison: Rosemarie Smallcombe; Tom Sweeney

Guest Speakers: Chris McCoy; Kristin Millhoff

Guests: Dayla Reagan-Buell; Judith Burden; Nina Rhodes

Recording Secretary: Don Fox and Jason Allen

1. Call to order and Introductions:

- . Completed by Brenda @ 10:01AM.**

2. Presentation on Aging & Disability Resource Connection (ADRC) - Kristin Millhoff & Chris McCoy from Area 12 Agency on Aging (A12AA):

- . Received an overview of what makes up an ADRC, what it is geared toward accomplishing/providing for the public, and what systems are being implemented under this program.
- a. One of the main goals is to provide a “no wrong door” approach that allows for consistent information to all people regardless of age or physical status.
- b. The ADRC promotes person centered practices.
- c. 4 core services are required –
 - . Enhanced Information and Referral Services
 - i. Options Counseling
 - ii. Short-Term Service Coordination
 - iii. Transition Services
- d. ADRCs are for everyone.
- e. Visit adrcofthemotherehode.myresourcedirectory.com for more information on services offered.

3. Public Comments:

- . N/A.

PERSONS WISHING TO ADDRESS ANY AGENDA ITEM OR COMMENT ON ANY ITEM NOT ON THE AGENDA MAY DO SO AT THIS TIME. COMMENTS ARE LIMITED TO FIVE (5) MINUTES PER PERSON. PLEASE STATE YOUR NAME AND ADDRESS FOR ITEMS NOT ON THE AGENDA. NO ACTION WILL BE TAKEN AT THIS TIME. IF IT REQUIRES ACTION, IT WILL BE REFERRED TO STAFF AND/OR PLACED ON THE NEXT AGENDA.

4. Approval of July 21, 2021 Minutes (Attachment A):

. Non-substantial changes were made to wording and punctuation. Dale motioned to approve. Linda seconded the motion. Dayna abstained and Brenda, Sarah, Linda, Don and Dale approved. Motion was carried.

5. Commissioners' Reports:

. District 1:

. No report.

a. District 2:

. Per Brenda, the ribbon cutting event at the Northside Clinic went well.

i. Northside Senior Nutrition Program:

1. Julianne gave an overview on our coulter cafe program.
2. This is a pilot program that is set to run from 11/1/21 to 6/30/22. This program will only continue if the funding is viable.
3. Funding is not provided by any specific entity so people will have access to full menus with no serving size or dietary intake restrictions.
4. In order to qualify, a person must be aged 60 or above. Participants will be required to fill out an intake form that asks 10 food insecurity questions. Intake forms can be obtained from the Coulterville & Mariposa Health and Human Services offices as well as at the cafe.
5. All participants will be asked to fill out an intake that asks 10 food insecurity questions.

6. Participants can get Breakfast or Lunch, not both, on Mondays, Thursdays and Fridays for a suggested contribution of \$4 for a single meal.

7. Dale asked if disabled and under 60 can participate? Juli mentioned that it will likely be a case by case determination until things move forward and we can reassess funding and availability. Contact Stephen Mouillesseaux at the Coulterville office at 209-848-0822 with questions and concerns. Stephen will keep a log and address all questions and concerns when possible.

8. Dale inquired about donations, Juli said more information will come but in the meantime, cash donations can be made through the person accepting the suggested contributions. The contributions will be extended to other participants.

9. Participants can designate someone to pick up meals in their place. A question was raised about delivery to home-bound people wishing to participate who do not have someone to pick up their meals. Julianne responded that demand for such a service will be assessed based on calls received and logged by the Coulterville HHSA office. It is hoped that if the need for this is established, a local nonprofit organization will step forward willing to coordinate such a service including finding volunteers

and scheduling such deliveries. If not the county might be able to step in at least for the pilot program.

10. Dale offered to post flyers in North Side. Brenda offered to cover Greeley Hill and Don Pedro. Jason will send out the flyer after the meeting concludes.

b. District 3:

. No report.

c. District 4:

. The farmers market is still being held on Tuesdays outside John C. Freemont Hospital. The JCF Public Relations Director, Therese Williams is the contact person.

d. District 5:

. The Commissioner requested information for citizens in County-supported housing, who need assistance with repairs. The number to call is (209) 966-6632.

6. A12AA Report:

. Linda mentioned that the Multipurpose Senior Services Program (MSSP) received a reinstatement of funding that had been cut in 2008 and again in 2011.

. The MSSP will be returning to a 100 client site for care management services on 1/1/22.

i. The program has been recruiting for a Registered Nurse position.

7. Old Business:

. Mariposa Home Safe:

. Mariposa Home Safe was awarded \$250,000 in funding retro to 7/1/21 and upcoming fiscal years. The prior 50/50 (county/state) match requirement has been dropped retroactively to July 1.

- i. The program has spent Approx. \$130,000 for the current fiscal year.
- ii. The program funding is only guaranteed for 3 years and will need to be renegotiated.
- iii. Age requirements are lowering beginning 1/1/22 so there will likely be an uptick in referrals.
- iv. Dale inquired about putting out articles and flyers for improved outreach. Julianne mentioned that an allocation has been attained and it would be appropriate to start working on this.

a. Commission on Aging Ad hoc committee update

- . N/A - The ad hoc for this committee has accomplished its goals, has dissolved, and will be removed from the next agenda.

b. Community Outreach:

- . Dale is still making substantial posts and continuing necessary outreach efforts.

c. Unmet Needs:

- . N/A.

d. COA committee to include the disabled population:

- . Rosemarie provided update that she has been discussing with Shannon Gadd to get numbers. Between 20% and 25% of the aged 60 and plus population in Mariposa is qualified as being considered disabled.
- i. Rosemarie is trying to coordinate an opportunity to bring in a representative who will make sure we are compliant with the Americans With Disabilities Act (ADA).
- ii. An inquiry was made as to whether or not it would be advisable to bring the Commission on Aging together with In-Home Supportive Services, informally, to discuss issues affecting the disabled population, or whether a subcommittee made up of members of the 2 groups should be created to foster dialogue. This will be discussed more in depth in the future.
- iii. Rosemarie agreed to coordinate with Matt Hespenheide, the County's new ADA Coordinator, to speak to the COA at the next scheduled meeting

8. New Business:

- . Brenda mentioned the virtual meetings are great and allow for more engagement and flexibility and the committee may want to consider continuing with them indefinitely. Dale brought up the issue of new Brown act regulations and noted that a new law temporarily modifying the meetings requirements of the Brown act had recently been passed and that, as she understands it from a discussion at the A12AA meeting held the prior week, the COA would need to determine if it wanted to resume following the old, in-person rules or those

in the temporary regulation and if so, must adopt a motion to that effect every 30 days. Rosemarie is aware of this 30 day requirement, she will find out how this is to be handled for groups that meet less frequently and will bring this back to the Commission on Aging at the next meeting

a. Ethics training notifications will be sent out to all members that need to complete it..

b. Dale suggested having both the help desk number and alternate call-in numbers be provided to Commission on Aging members going forward. Jason offered to add it to all future COA agendas..

9. Adjournment:

. Dale made a motion to adjourn. Don seconded. Dale, Don, Dayna; Brenda, Linda and Sarah approved. Meeting was adjourned @ 11:46AM.

10. Next Scheduled Meeting: January 26, 2022