



Commission on Aging of Mariposa County

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- MINUTES -

October 26, 2022

Tele-Conference

Members Present: Chriss Kleiman-Moore, Dale Silverman, Dayna Hannegan, Dayla Reagan-Buell, Linda Pribyl, Nina Rhodes & Don Fox

Members Absent: Sarah Montoya – Excused

Staff Present: Diana Ziegenfuss, Jason Allen, Lydia Arre, & Terri Peresan

BOS Representative: N/A

Guest Speakers: Doreen Schmidt

Guests: N/A

Recording Secretary: Jason Allen & Dale Silverman

1. Call to Order and Introductions:

a) Completed at 10:10 AM by Dale.

2. Resolution:

a) On the motion of Don, with a second by Chriss, the Commission members unanimously approved the motion proclaiming a local emergency, ratifying the proclamation of a state of emergency by the Governor of the State of California on March 4, 2020 regarding an outbreak of respiratory illness due to a novel coronavirus (a disease now known as Covid-19) and

authorizing remote teleconference meetings of the Commission on Aging for the period of October 26, 2022 to November 26, 2022 pursuant to Brown Act provisions.

3. Public Comments:

- a) No comment.

4. Presentation - Doreen Schmidt with A12AA - Master Plan on Aging:

- a) A presentation providing a general overview and explanation of new updates regarding the Master Plan on Aging was provided via video conference. It was noted that Mariposa County has been quite innovative in a number of areas. This report is available online at <https://mpa.aging.ca.gov/>
- b) The material can be accessed at <https://mpa.aging.ca.gov/>

5. Approval of August 3, 2022 Minutes: (Attachment A)

- a) On the motion of Don, with a second by Nina, the Commission members unanimously approved the minutes of August 3, 2022.

6. Senior Center Program Manager Report – Lydia Arre:

- a) Have gotten a lot of new participants and have started a few new programs in the last 6 months.
- b) Senior menus have all activities on the back and activity center is up and running.
- c) Just started silver sneakers last month for two days a week, currently have 10-12 participants with room for 14. Administered by local gym as an in-person class. Running into problem that it is for Medicare eligible seniors only. There is a meeting scheduled for Friday to create a contract to allow

those under the Medicare age to participate. Will be incorporating a silver sneakers yoga program.

- d) Doing a Wii Games Wednesday and Karaoke Friday.
- e) Working on veterans lunch that has been set for November 10, 2022.
- f) Working with safe families to make a treat for home bound senior meal participants.
- g) North county meal program has 185 seniors enrolled. Have had more participants since being open 7 days/week. Nearly 100 of the 185 are not actually receiving meals.
- h) Got notice of grant acceptance that will assist the home delivered program and address some of the existing identified food insecurities, this is coming from an A12AA infrastructure grant. Will be getting setup to create and distribute our own frozen meals and will be looking at reaching participants that are located further out. Currently waiting on the funding to move forward. Will be doing another food insecurity survey in a few months
- i) Covered unmet needs and mentioned how Chris McCoy is working with Wellsky to find a way to capture unmet needs of non-medical recipients.

7. Adult & Aging Deputy Director Report – Terri Peresan:

- a) Provided info about other services within the county. She noted that the grant from A12 infrastructure for the frozen meals program is expected to be signed within a week. There is also a pilot digital program being implemented that will target 100 individuals already on the HHSA service rolls and that meet the criteria (i.e, Medical eligible). The intent is to

continue funding the monthly connectivity costs even after the initial grant funds run out so that the equipment will be utilized on an ongoing basis.

- b) A question was asked as to whether HHSA has done a demographic analysis of the percentage of users of the various programs offered at the center from various distances in the county (i.e. 75% from within a 5 mile radius, 15% 5 - 10 miles, etc.). Terri was not sure if the data base system is capable of doing such a report, but will look into it and get back to the commission.

8. Vote on Chairperson Appointment, Fill Any Remaining Elective Positions, Appoint a Secretary and Define Expectations:

a) Define expectations:

1. Postponed any and all election items until January meeting when the current District 1 and District 3 terms have expired.

b) Vote:

1. Postponed any and all election items until January meeting when the current District 1 and District 3 terms have expired.
2. It was noted that the terms for the positions of Chair, Vice Chair and Secretary will terminate at the January meeting. Don Fox and Linda Prible volunteered to contact Commission members and develop a proposed process.

9. Internal Roster:

- a) Completed and sent to all members via email.

10. Commissioners' Reports:

a) D1: Rosemarie Smallcombe – Governor's Master Plan on Aging:

1. No comment

b) D2

1. People are generally happy with the progress of the meal program. Some residents have expressed a desire to receive 5 vouchers per week instead of the current maximum of 3.
2. A major issue that was expressed at a recent forum for District Supervisor Candidates is transportation. The transportation program is short on drivers and as a result have had to continually deny ride requests. Per Lydia, the shortage is caused by employee retention issues as opposed to a lack of funding. Dialysis and other complex medical needs are made a priority when it comes to scheduling. Job postings for drivers are found on MariposaCounty.org if anyone wants to promote communications about the vacancies in the community.

c) D3:

1. No comment.

d) D4:

1. Per Linda, so far, the biggest needs that have been identified are ADRC transportation, general yard work, III-B chores and weed whacking. Working on establishing a senior help program where highschoolers would volunteer and receive credit for doing so. Have been unable to contact someone thus far. Will report back in January with any new information.

e) D5:

1. No comment.

f) At Large:

1. Don Fox asked if there is an ombudsman program. Per staff, there is one through A12AA and Catholic Charities. The current contact is Jill Engle and her number is 209-588-1597.
2. Don also advised that he had created a report about all the ADA issues related to the recent Cal Trans work done in Mariposa Town. He sent a copy to Rosemarie Smallcombe who forwarded a copy to her contact at Caltrans. To date Caltrans has not responded. He had asked that Jason forward all Commission members a copy

11. Old Business:

a) Review and approve proposed updates to the COA bylaws:

1. On the motion of Nina, with a second by Don, the Commission members unanimously approved the motion to approve the proposed revisions to the bylaws.
2. This will be forwarded for review and approval by the County Counsel.

b) Americans With Disabilities Act (ADA):

1. Don raised the issue of possibly expanding the Commissions mission to incorporate more issues pertaining to the disabled but after discussion it was the general consensus that no action other than what has already been taken at a prior meeting, that of formally recognizing Don as the commission's ADA liaison with both County staff and others (such as the rep from the consulting firm that the county has selected and is negotiating with at the moment to conduct

an extensive study of ADA compliance or the lack of it in the county).

In fact, he did serve on the review committee that looked at various consulting proposals and made recommendations as to which company seemed most appropriate.

2. Dale noted that ADA updates will continue to remain on the agenda in this format for future meetings.

12. Community Outreach:

- a) No comments.

13. New Business:

- a) No comments.

14. Adjournment:

- a) @ 11:38 AM.

Next Scheduled Meeting: January 25, 2023