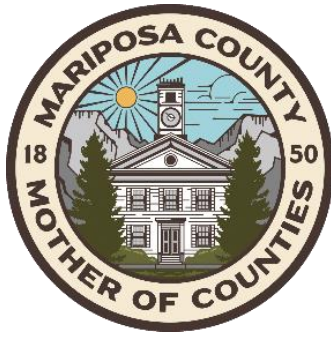




Commission on Aging of Mariposa County

PO Box 99 / Mariposa, CA 95338 (209) 966-2000

- MINUTES -

January 26, 2022

Tele-Conference

Members Present: Dayna Hannagan; Brenda Forrest; Christine Kleiman-Moore;
Dale Silverman; Don Fox

Members Absent: Sarah Montoya - Excused; Linda Pribyl - Excused;
Sue Overstreet - Unexcused

Staff Present: Jason Allen; Terri Peresan; Julianne Simms; Diana Ziegenfuss

BOS Representative: NA

Guest Speakers: Matt Hespenheide; Mary Lee

Guests: Judy Burden; Nina Rhodes

Recording Secretary: Don Fox and Jason Allen

1. Call to Order and Introductions:

Completed by Brenda at 10:05 a.m.

2. State of Emergency Resolution:

On the motion of Dale Silverman, with a second by Christine Kleinman- Moore, the committee unanimously approved the motion proclaiming a local emergency, ratifying the proclamation of a state of emergency by the Governor of the State of California on March 4, 2020 regarding an outbreak of respiratory illness due to a novel coronavirus (a disease now known as Covid-19), and authorizing remote teleconference meetings of the Commission on Aging for the period January 26, 2022 to February 26, 2022 pursuant to Brown Act provisions.

3. Presentation about the Mariposa County Wellness Center (MCWC)

MCWC staff member, Mary Lee, made a presentation covering the services provided by the Center.

- A. The aim is to improve mental health and overall wellness by providing a supportive and safe environment for participants who are 18 years and older. It provides social engagement, skill-building activities to address daily living, job

skills, budgeting, and creative expressions. Members receive group support, learn relaxation and stress management skills, can attend community events, field trips, and classes, and/or teach a class (with permission and supervision) while meeting others on the path to improving the quality of their lives.

- B. Retro to early January and extending at least through the end of February, all activities are being held virtually due to high Covid positivity rates throughout the County.
- C. Membership is free. To become a member, individuals 18 years or older must complete an orientation packet to become familiar with services and guidelines and agree to abide by them.
- D. For more information and planned activities, please call: 209-966-2000 or contact Mary Lee at 209-742-0990 or Rhonda Mays at 209-742-0810.

4. Public Comments: None.

5. Approval of October 27, 2021 Minutes (Attachment A):

On the motion of Dale Silverman, with a second by Christine Kleiman-Moore the committee unanimously approved the minutes of Oct. 27, 2021.

6. Commissioners' Reports

A. District 1:

- 1. Don Fox will be transitioning to an at-large member due to redistricting in Mariposa County.
- 2. Don also reported that Charlotte "Char" Wilson passed away recently, noting that Char had been a force for good in the community and was responsible for the development of many programs and services that have been of benefit for seniors, adding that she will be missed.

B. District 2:

- 1. The North County Senior Nutrition Program is going strong. Brenda reported that in the month of December 2021, 317 meals were served and that total participants have now reached over 100 individuals.

C. District 3:

- 1. Christine Kleiman-Moore is the new District 3 representative.
- 2. Chris announced that she has completed the Health Insurance Counseling and Advocacy Program (HICAP) training and will be new counselor filling a vacancy that had greatly reduced this service for Mariposa seniors. Chris expressed interest in getting information about the program out to members of the public.
- 3. Dale asked that announcements containing information about HICAP to be sent to her for this purpose as she has taken on the role of public information distribution for the Commission.

D. District 4: No Report

E. District 5: No Report

7. A12AA Report:

Dale Silverman reported that:

1. the various AOC committees are working on setting goals for the year.
2. The focus in recent months has been, in cooperation with the Disability Resources Agency for Independent Living (DRAIL), to complete all requirements to change the status from “emerging” to a fully operational “Aging and Disability Resource Connection” (ADRC). This included the development, rollout, and promotion of an online resource directory.
3. She believes that the emerging status has now been dropped with the ADRC of the Mother Lode now fully and officially designated as such.

8. Old Business:

A. Americans with Disabilities Act (ADA):

Matt Hespenheide introduced himself, noting that he was recently appointed as the Mariposa County ADA coordinator. His role is to make sure the County is in full ADA compliance and to ensure County services have as few restraints as possible. The goal is to create a no-wrong-door approach.

1. Matt is working on a Request for Qualifications (RFQ) to obtain a consultant that would help Mariposa County develop a “Self- Evaluation and Transition Plan”. It is expected that the RFQ will go the Board of Supervisors next month and that the consultant will be hired and the work of developing the Plan will begin at the start of the next fiscal year in July 2022.
2. Matt will be looking at the various Mariposa County facilities and taking steps to ensure ADA requirements are met in physical and virtual environments.
3. An ADA committee is being organized to include ideas and comments from members of the community. The members of the COA indicated that they would like to have overlap with that committee to facilitate communication and because a large segment of the disabled is comprised of seniors.
4. It was further suggested that Don Fox, who is experienced and knowledgeable about ADA, participate on the selection committee for the consultant that will develop Mariposa County's 'Self-Evaluation and Transition Plan'. Matt welcomed Don's participation in the process, and Don agreed to help where he could.
5. Don emphasized that under Title II, each county department must examine its policies, practices, and procedures regarding ADA compliance; that this is a Civil Rights issue, and that funds should be set aside to train a member in each department regarding ADA compliance

B. Community Outreach:

1. MC Sr. Facebook page - The numbers of regular participants continue to grow with more people posting and sharing information. However, it is not a venue appropriate for posting something such as the list of senior resources available from multiple sources in Mariposa County.
2. The County website would be the ideal place for posting and maintaining in a timely manner all such resources and in fact is where Dale found some of them. However, it is restricted by the overall format and design and limited resources to update and maintain current information.

Furthermore, the sheer size and complexity of it makes it challenging to navigate.

3. Dale Silverman noted that she continues to post meeting notices and that both she and Brenda have actively been posting fliers on community bulletin boards about various services such as the Nutrition program and Wellness Center programs throughout the northern portion of the County.

C. Unmet Needs:

Mention was made of the need for access to grief resources. Mary Lee indicated she might be able to help in this area and to contact her.

9. New Business:

A. Senior Resource Guide:

Dale Silverman has compiled a list of resources for seniors living in Mariposa County. The draft has been reviewed by staff and she thought it had also been distributed to members of the Commission for discussion at this meeting but learned that this has yet to be done.

- Jason will work on getting some formatting changes done and will then distribute.
- Dale has offered to make updates as she learns of changes and will redistribute updated versions as changes are made. As previously mentioned, the challenge is to get such information into the hands of the public when they need it.

B. Committee Policy Review:

A draft set of policies and procedures applicable to all committees and commissions was distributed from the Clerk Of the Board (COB) to all members; includes minimum requirements for committee bylaws, standardize minutes and many other standardized processes including facilitating and standardizing the relationship of all such committees with the Board Of Supervisors (BOS).

The COB has requested feedback from any committee meetings held before 2/1/22. Comments from several commission members were sent directly to Jason who indicated he would be sending them to the COB immediately.

10. Adjournment:

On the motion of Christine Kleinman-Moore, with a second by Dayna Hannagan, the committee unanimously approved the motion to adjourn at 11:46 a.m.

Next Scheduled Meeting: April 27, 2022